

#RescindTheRule Email Congress Day Script

Note on emailing vs calling: call in if possible and you feel comfortable doing so.

Congressional offices are required to record all calls that come in on issues, but the same standards do not apply to email communication. Calling is also much more personal and impactful, and you are guaranteed to be heard if you call into an office. Emails often do not receive responses, though mass communication is still important. The best strategy is to both call and email your congressional offices for maximum impact.

Who to email:

1. Your own reps and senators, both the ones that represent your institution and those of your home state if you are not from the state in which you attend school.
2. Members of the [House](#) and [Senate](#) Judiciary committees as they will ultimately have jurisdiction here
3. Members of the [House](#) and [Senate](#) Judiciary subcommittees

Contact information

- Find [House of Representatives phone numbers](#) here
- Find [U.S. Senate phone numbers](#) here

Subject: ICE Ruling on F-1 and M-1 International Students

Dear Representative/Senator _____,

My name is _____ and I am a resident of _____ **[city name, state and/or zip code]**. I am writing you today to state my opposition to the recent ruling from Immigration and Customs Enforcement (ICE) that requires international students on F-1 and M-1 visas taking online courses in the Fall to either transfer to universities that offer in-person instruction or leave the United States. I do not believe that the administration should be using the COVID-19 pandemic as an excuse to enforce xenophobic policies and force international students to choose between continuing their education and maintaining their health. Additionally, many students do not have the ability to avoid deportation by traveling back to their **[our]** home countries due to COVID-19-related travel restrictions.

[insert personal story if relevant - either about your own experience as an international student or as an advocate for international students]

This ICE ruling will have immeasurable impacts on our institutions of higher education, our biomedical research laboratories, our national economy, and most importantly our international



student communities. Our country continuously benefits from the research and innovation of our international students, and disallowing their education due to the COVID is a disservice to these hard-working students and to the institutions they serve.

I hope that I can count on you, **Representative/Senator _____** to oppose this ruling, to advocate for international students, and to encourage the members of the **House/Senate** Judiciary committee to oppose this ruling as well.

Sincerely,
Name
City, State, ZIP
Institution and/or title if appropriate